



TEAM BC REGISTRATION GUIDE 2023 CANADA WINTER GAMES

Table of Contents

OVERVIEW AND LIST OF QUESTIONS	1
REGISTRATION PROCESS	3
UPDATING YOUR PROFILE	6
GETTING SUPPORT	6

OVERVIEW

Welcome to the 2023 Canada Winter Games Participant Registration Guide. This document outlines how to register as a participant for Team BC for the PEI 2023 Canada Winter Games.

REGISTRATION PROCESS & QUESTIONS

Before you begin your online registration, please ensure you have the following information available:

General Information:

- Legal name (as it appears on your identification)
- Preferred name (as it will appear on your Games ID badge)
- Contingent (British Columbia)
- Participation Type (Athlete, Coach, Manager, Technical Support, Guide, or Athlete Assistant)
- A photo that meets the following parameters:
 - A head and shoulders photo
 - Your face MUST be completely visible
 - You must not be wearing a hat or other head gear or wearing sunglasses
 - This photo will be seen publicly on the Games and Team BC websites, so be professional in your presentation.
 - Ensure the picture is of passport quality, clear, sharp, and in focus, taken straight on with face and shoulders centered and squared to the camera, eyes open, and face clearly visible.
- Current mailing address
- Phone numbers (at least one)
- Email address
- Gender identity
- Preferred pronouns
- Date of Birth
- Preferred Language
- Clothing size (Unisex XS to 4XL)

Sport:

- Sport you are competing in or supporting
- Events you will be competing in or supporting

Emergency Contact Information:

- Name
- Relation to you
- Phone numbers (at least one)
- Email address of the emergency contact

Family Physician Information:

- Name
- Phone number
- Email address

Personal Medical Information:

- Personal Healthcare Number (PHN)
- Current conditions and past medical history
- Medication information
- Note: The medical section is confidential, only Team BC Medical Staff and the Host Society Medical Staff are authorized to access this information. You may be contacted by the Team BC Medical Manager if further clarifications are required

Dietary Considerations:

• Indicate any food sensitivities/allergies, disease related diet or other diets that you follow

Biographical Information:

- Height (cm)
- Weight (kg)
- Hometown
- How many years have you participated in your sport or discipline
- Club or Team Affiliation
- Coach
- Your Position on the Team
- Instagram Username
- List any other Canada or Provincial games you have participated in (note year)
- Your most recent athletic or artistic accomplishments in your sport or discipline (i.e. provincial, national championships or other Games)
- What are your goals for the Games?
- Your personal best result in your sport/event.
- List any awards or major accomplishments that you have received (note the year).
- Who is your personal role model and why?
- Why/how did you get involved in your sport?
- **Note:** You are encouraged to enter information to present your past experiences and reflect your personality in the information. Biographical information will be available to media, family, and friends through the public websites. Please be respectful and appropriate in your answers.

Statistical Information:

- Are you an Aboriginal person? (North American Indian or a member of a First Nation, Métis, or Inuit)
- Are you a member of a visible minority? (Persons other than an Aboriginal person (as defined above) who is non-Caucasian in race or non-white in colour, regardless of place of birth)
- Are you a person with a disability? (Persons who have a long-term or recurring physical, mental, sensory, psychiatric or learning impairment)
- Which racial or ethic group best describes you?
- Are you a Canada Games Alumni?
- Would you like to receive the Canada Games Council newsletter?

Consent

- You will be required to agree to the Canada Games terms
- If you are under 19, your parent/guardian is required to review and agree to the terms of the participant release, waiver and consent, and medical consent during the registration process. This can be done by having your parent/guardian complete the Parent/Guardian Consent as you get to this section of your registration.

* **Note**: On this page you will also find a link to the Team BC Waiver and Code of Conduct. These must also be completed. You can link directly to this here – <u>https://form.jotform.com/1bcgamessociety/23CWGWaiver</u>.

Password

• You will create a password for your record, which you can use to update information

REGISTRATION PROCESS

Step 1:

Select the correct link for your role from the list below.

Participant Type	English Link
Athlete	http://bit.ly/3UHNHsm
Coach	http://bit.ly/3UJ11g1
Apprentice Coach	http://bit.ly/3E5KThq
Manager	http://bit.ly/3UDigzk
Technical Support	http://bit.ly/3ELvdSp
Guide	http://bit.ly/3tw0u5j
Participant Assistant	http://bit.ly/3hLHlcO
Caregiver for Infant	http://bit.ly/3AmWJTr
Venue Pass Holder	http://bit.ly/3TI3fLx

Step 2:

Fill out the online form with your personal information. Refer to pages 1–3 for information that must be submitted.

Registration Notes:

- 1. Be sure to enter a valid email address, as your login details and important 2023 Canada Winter Games information will be sent to your email address.
- 2. If you are an athlete, do not forget to **select your sport and the events** in which you will be competing.
- 3. To upload your photo, select the photo box on the right side of the screen. Follow the instructions to upload, crop, and format your photo.

Athlete		
* Fields marked with this asterisk are manda	atory and must be entered.	
Cancel Save		
Full legal name	First name Middle name Last name Please enter your full legal name as it annears on your nhoto ID (e.e. your nassourt)	•
Preferred name	First name Last name Please enter the name you would like to appear on your Games ID badge.	Click here to upload a picture
Name on ID badge	· · · · · · · · · · · · · · · · · · ·	
Contingent	*	
Participation type	Athlete	
Show all Hide all		
General Information		
Address	Address line 1 Address line 2	
	City Postal code	
	Country Province/Territory	
	Canada v*	
Phone	Primary Secondary Work	
Preferred pronouns		

Be sure your photo meets the following parameters:

- A head-shot photo. The image must include your head only. You must be facing forward. Your whole face MUST be completely visible.
- You must not be wearing a hat (or other head gear) or sunglasses. Remember that this photo will be seen publicly on the Games and Team BC websites, so be professional in presentation.

Step 3:

Complete the **Personal Medical Information Section** (applies to all Team BC participants including coaches, managers, and staff).

- Please collect and enter **all medical information at one time** to avoid information being missed.
- Any information in the Personal Medical Information Section that is **left blank once your PHN has been entered**, will be interpreted as "**not applicable**".

•	All participants must include their Personal Health Number (PHN) at minimum.	Personal Medical Information Provincial/Territorial Health Card Number
•	All remaining medical information is only required where it applies to you.	Personal Health Insurance Insurance Provider Plan number Insured party Please give details of any current medical problems or concerns:
Nc •	otes: For any allergy listed, please state whether or not it is anaphylactic and whether or not you have an EpiPen.	Please list your past medical history (hospitalization, surgery, serious illness/injury, other): If you have any significant family medical history (heart disease, diabetes, etc) please note below: Do you have any alleraies? If yes, what are they and do you use an eninen?*
•	Routine and Covid-19 vaccinations are not mandatory, but are highly recommended. The <u>Health</u> <u>Gateway</u> may provide dates of vaccinations if administered in BC.	Status of vaccination Vear DPT - Diphtheria, Pertussis and Tetanus Influenza (flu shot) MMR - Measles, Mumps and Rubella Polio COVID-19 - First dose COVID-19 - Second dose COVID-19 -
•	Medications include prescription medications, over-the-counter medications, and any supplements.	Have you had any of the following injuries or conditions in the previous 6 months? Asthma / breathing problems History of seizures / epilepsy Skin condition Bleeding or blood disorder Infectious disease Trauma or overuse to any joint/bone Diabetes Major surgical procedure Trauma or overuse to any ligament/tendon Head injury / concussion Mononucleosis Other Heart disease / heart infection Neck or back injury Please elaborate if you checked off any of the above:
	For each medication, state: • Medication name (ex: "diclofenac" rather than "anti-inflammatory")	Do you take any medications on a regular basis? If yes, please specify:
	 Specific dose (ex: 10mg) Frequency of use (ex: daily, as needed, monthly 	Do you wear or use any of the following? Contact lenses Sport mouth guard Prosthesis Eye glasses Dental appliance(s) Wheelchair (for competition) Orthopedic brace(s) Hearing aid / ear Implant Wheelchair (for daily use) Shoe Orthotic Catheter Other Gait Aid <pre> Previous section</pre> Next section >
	 Mode of delivery 	

(ex: topical, oral, injection, inhaler)

- If you make changes to your medical information after your PHN has been entered or your health status changes, simply notify Team BC Medical Manager Beth Rizzardo at <u>medical@teambc.org</u> to ensure the updates are captured.
- Contact Beth with any questions or concerns. She may contact you privately at the email address associated with your profile if further clarifications are required.

Step 4:

At the bottom of the electronic registration form in the **Consent** section, you will need to agree to all of the waivers noted below.

- 1. Submit the online Team BC waiver and code of conduct https://form.jotform.com/1bcgamessociety/23CWGWaiver
- 2. Agree (select Yes) to the statement at the bottom of the Consent section.

Consent	
	Please note, additional steps may be necessary in order to complete your registration. Please review the information below and follow the appropriate steps.
	Participant release waiver and consent & medical consent: If you are under the age of majority in your province/territory, your parent/guardian is required to review and agree to the terms of the the participant release, waiver and consent, and medical consent. This can be done by having your parent/guardian complete the Parent/Guardian Consent section below.
	Provincial/Territorial code of conduct: Each participant must also select the following <u>link</u> , choose the form corresponding to your province/territory, and follow the identified steps to complete and submit the code of conduct to your provincial/territorial team.
	By selecting "Yes" you are indicating that you have read and agree to the terms of the <u>participant release,</u> <u>waiver and consent</u> , and <u>consent for assessment and treatment</u> .
Accept	Previous section Next section >

Participants under 19 years of age on February 18, 2023:

If you are under 19, your parent/guardian is required to review and agree to the terms of the participant release, waiver and consent, and medical consent during the registration process. This can be done by having your parent/guardian complete the Parent/Guardian Consent.

Step 5:

Enter and confirm your password then click *Apply* to complete your registration.

Password	The password must be Choose from one of th	at least 8 characters long and one of the characters must be a symbol. lese: !@#\$%^&*()+=	
Password		*	
Confirm password		*	
	< Previous section	Next section >	
Cancel Apply			

Note: Your password MUST be at least 8 characters long and MUST include:

• At least one of these symbols: !@#\$%^&*()_+-=

Step 6:

A confirmation page should be displayed on your screen to let you know your registration has been completed successfully.

Step 7:

You should receive an email shortly after you have completed the registration to the email address you have specified during your registration. Check to ensure you have received this. If you do not see it in your Inbox, be sure to check your Spam/Junk Mail folder.

Step 8:

FINAL REGISTRATION REQUIREMENT

The last step to complete the full registration process is to complete the CCES online education course. Your coach has been provided the information you will need to complete this course so be sure that you get this completed before the deadline! (January 27, 2023).

UPDATING YOUR PROFILE

Once you have created a profile and would like to update your information, follow the steps below to help guide you through accessing your profile and updating your information.

Step 1:

Visit the PEI 2023 Canada Winter Games Registration site at: https://cg2022.gems.pro/

Step 2:



Step 3:

Login to your profile using the User ID provided in your registration email and when the Password field appears, enter the password you created when you registered, then click **OK**.

PEI-ÎPÉ 2023 JEUX DU CANADA GAMES					f ⊙ ♥ in
• • • • • • • • • • • • • • • • • • • •	Welcome	Sports	Schedule	Registration	Login
Login					
★ Fields marked with this asterisk are mandatory and must be completed.					

E-mail ×	irenes@bcgames.org
Password ≭	
OK Cancel	

Step 4:

Fill in missing information in your profile and/or verify any of the information that has already been entered. **Be sure your information is complete.**

GETTING SUPPORT

If you are having problems with your profile or have questions around the documents that must be signed before the Games, contact Team BC at registration@teambc.org or by phone 250-387-1375.